

AJAX SENIORS' CLUB

St. Andrew's Friendship Centre

46 Exeter Rd., Ajax, L1S 2J8 905.686.1573

Pickering Village Centre

29 Linton Ave, Ajax, L1T 3A7 905.683.8460

Issue 97

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Newsletter for February 2023

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- Welcome February. The days are getting longer and the nights shorter. The sun seems to shine brighter and Spring is getting closer. Plus, it's the shortest month of the year. Don't you feel better already?
- We are off to a great start in the 2023 Membership Drive. We are well over half of last year's total. Many thanks to the dedicated, busy volunteers who helped at the sign-up tables.

I hate it when I see an old person and then realize we went to high school together.

Wi-fi went down for five minutes, so I had to talk to my family. They seem like nice people.

MARK YOUR CALENDAR

- * Feb 2nd Groundhog Day
- * Feb 14th Valentine Lunch at the Village Centre at 11:30 am. Tickets are \$10 each.
- * Feb 14th Valentine's Day
- * Feb 20th Family Day

CLUB INFO

- Pickle ball will be open from 9:30 am to 2:30 pm each except for Wednesday. See Fraser's Message for details.
- You can renew your membership when you come in for your activity but be sure to do it ahead of time (or after) and not delay the activities. You can also renew through any one of the St. Andrew's Executive Board members or Jen, our Custodian.

A dog accepts you as the boss... a cat wants to see your resume.

I thought growing old would take longer.

Camping: where you spend a small fortune to live like a homeless person.

MESSAGE FROM YOUR PRESIDENTS

- Hi, everyone it's a new year and I hope everyone had as good a 2022 as possible. We did start the sign-up for the new membership and to date we have had over 300 sign up. As you come in to either centre please ask about re-signing. As you may know, this is one of the few ways that we build our income. Due to the parking lot problems, we have not been able to hold our yearly events, such as the B.B.Q and horse racing day. We also had to postpone the Smile Theatre event. These and other events were the way we built up our bank account, which we do need if we are to continue to replace equipment, as well as increase activities.
- Our numbers on some activities are growing so we do need to make a few adjustments. The pickleball players are eagerly awaiting the outdoor court and, for the time being, we have increased the time each day they can come and play. The gym will be open from 9.30am until 2.30pm each day except Wednesday as the Zumba use the gym on Wednesday afternoon. This will allow players to come and play more games. We are leaving the day to day set up to both Chris Brown who looks after Monday, Wednesday and Friday and Marion Van-Gansewinkel who looks after Tuesday and Thursday.
- I understand some days it can be busy so play time is at a premium. Please try to work together so everyone gets a turn. Remember at a low cost of only \$1.00, it is a fun activity.
- We will be informing all Coordinators of an upcoming meeting that we would like a person from each activity to attend. We will be covering the fire drill procedure which we have not had for a couple of years. Also, the topic of new activities will be addressed. The floor will be open for questions and comments.
- We are planning to hold this on a Saturday so we can offer a light snack and refreshments. First, we need to get a confirmed date from the fire department.
- I have one last comment this month. If anyone requires any info about activities either in the time or day they are on, please contact me as Chris, our Activity Director, is under the weather at the moment.
- That is all from me for the time being. Thanks

FRASER GRANT (289) 200-4800

If you're happy and you still know it, it's your meds.

What's the difference between a well-dressed man on a bike and a poorly dressed man on a unicycle? Attire.

- Thank you to all members who have been so supportive during this year of upheaval. Thank you to my executive members, Inge, Teri, Ed and Suzanne for their hard work and dedication! We are also looking for people interested in sitting on the New Executive for 2024.
- February 14th, at 11:30 am, the Village Centre will have a Valentine lunch. Soup, sandwich and sweets will be served. Tickets will be available by late January and the cost will be \$10.00. Tickets will be limited.

Jan Herbert (905) 903-3537

INFORMATION FROM THE TOWN OF AJAX

All the details (registration links and program descriptions) for upcoming events are available under <http://ajax.ca/55plus> on the internet or contact Moninder Nahar-Arjun, Town of Ajax, at 905-619-2529 ext. 7243.

AJAX LIBRARY PROGRAMS

- **Bibliotherapy:** February 6, 13, and 27th | 7:00 PM – 8:00 PM
Zoom; registration required.
Join our group, where we combine reading and talking about books and stories to achieve a more positive sense of wellness. No advanced reading required!
- **Black History Month Movie – Virtual Showing:** February 12; 1:30 PM – 4:00 PM
Watch the documentary “Journey to Justice” with us, a film that pays tribute to a group of Canadians who took racism to court. They are Canada's unsung heroes in the fight for Black civil rights. Join us for a group discussion afterward.
- **Tai Chi at the Main Branch:** February 13 and 27 | 10 AM – 12 PM
Low to medium intensity exercise that improves balance, flexibility, coordination, body strength, and internal circulation.
- **Tax Clinic Appointments:**
Have a volunteer assist you with completing basic taxes; Ajax residents with incomes of up to \$35 000 are eligible. Appointments required; registration opens on **February 21st**. Please call 905-683-4000 x8806, if you want more information on whether you qualify.
- Here is the website showing all events that are coming up at the Ajax Library.
<http://ajaxlibrary.ca/whatson>

Catherine Andru ,

Adult Services Librarian

E: catherine.andru@ajaxlibrary.ca P: 905-683-4000 ex: 8809

My apologies to Garry Brisbane. Garry's birthday was Jan 30, not Jan 29.

Birthdays for the Month of February

<u>No.</u>	<u>NAME</u>	<u>HN</u>	<u>BIRTHDAY</u>	<u>No.</u>	<u>NAME</u>	<u>HN</u>	<u>BIRTHDAY</u>
	BING WONG		1-Feb	222	PAT HANNAH		11-Feb
	RALPH LONGBOTHAM		1-Feb		JOHN HANNER	HN	<u>12-Feb</u>
	DAVE McCRADY		2-Feb	204	ERROL ALPHONSE		13-Feb
	JENNIFER ALPHONSE		2-Feb		FELICIDAD BIRCH		13-Feb
	KELLY ADAMS		2-Feb		GAO LI		13-Feb
	MADELINE HACKNEY		2-Feb	718	MARJ JOHNSTON		14-Feb
698	ROLAND MEUNIER		2-Feb	239	VAL BUDD		14-Feb
211	ANNEMARIE KAUFMAN		3-Feb		FRANCA AGOSTA		15-Feb
	NORMA CALVERLEY		3-Feb	85	HEATHER SWARTZ		15-Feb
	YEN SHOU XIAO		4-Feb	98	KAREN DRYDEN		15-Feb
15	JIN SOO (JIM) BAE		5-Feb	710	BRIGITTE FAILLE		16-Feb
230	TRISH JACKSON		6-Feb		PAULA GRACE		17-Feb
	XIU WEN LIANG		6-Feb	658	BOB NORMOYLE		19-Feb
	ZHI KANG LI		6-Feb		ZALINA RAHANIAN		20-Feb
	AKIRA HAMAMOTO		7-Feb		CINDY ORMAECHEA		21-Feb
170	BARB MEEK	HN	7-Feb	143	DON COLE		21-Feb
	JACK STURCH		7-Feb	7	JIM MITCHELL		22-Feb
	XIN YUAN LIU		7-Feb	157	HILDA HACKETT		23-Feb
99	MICHAEL JURYSTA		8-Feb	237	MARGARET DOBBIN		23-Feb
39	RHEO SAVARD		8-Feb	261	MARGIE SIALTSIS		23-Feb
	XILL MIN XIE		8-Feb	671	BILL CROCKER		24-Feb
129	DONNA ANDRECHUK	HN	9-Feb	45	HEATHER TURNER		25-Feb
216	LYNNE SILVER	HN	9-Feb	662	ROCCO ROSSI		25-Feb
57	DAVE BALSILLIE		10-Feb		YUANFANG YE		26-Feb
	MARY RAESIDE		10-Feb		ALLAN MONTEIRO		28-Feb
172	CARMEN WHITTAKER		11-Feb	36	JANE ROSZELL		28-Feb
721	INGRID JACK-EDWARDS		11-Feb	177	PAUL DeVOCHT		28-Feb

This list is taken from the latest 2023 Members list and the still unsigned 2022 members.

For any errors or omissions, please contact me at d.bolduc@rogers.com.

