

# AJAX SENIORS' CLUB

## St. Andrew's Friendship Centre

46 Exeter Rd., Ajax, L1S 2J8 905.686.1573

## Pickering Village Centre

29 Linton Ave, Ajax, L1T 3A7 905.683.8460

Issue 100

Editor Doug Bolduc (905) 419-3783

Newsletter for May 2023

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- Owing to the increasing numbers, I have to restrict the Birthday List to 2023 Members only from now on. If you like your name mentioned in the Birthday List, please be sure that your membership is up to date. However, I will continue to email the Newsletters to former members.

- I've had some trouble emailing Newsletters to several members. I'm trying to resolve this. If you haven't received a copy lately, please email me at [d.bolduc@rogers.com](mailto:d.bolduc@rogers.com) and I'll send you a copy.

*Always remember you're unique. Just like everyone else.*

*If at first you don't succeed, skydiving is not for you.*

## MARK YOUR CALENDAR

- May 1st May Day
- May 14<sup>th</sup> Mother's Day
- May 16<sup>th</sup> Mother's Day Tea at the Village Centre at 2pm. Sign up on the bulletin board.
- May 22<sup>nd</sup> Victoria Day



Our wireless doorbells  
sitting on their chargers....



## MESSAGE FROM YOUR PRESIDENTS

- It's time again to pass on the tidbits of information regarding your Seniors' Centre. We are starting to get questions again about some of the activities that were held in the past.
- We are into the 5th month and so far, the sun has been out a couple of times !!
- Let's hope the rain and the snow are gone for a little while!
- We have had a very successful meeting re the new web page for the Ajax Senior Club. Your Editor Doug Bolduc has graciously agreed to maintain it once it is up and running. It will be filled with info about the two facilities as well as pictures of both buildings and some shots of the activities that take place at each centre.
- We will start slowly with the information so as not to overload any new members. We are still looking for suggestions for our Club Logo. We want something that shows how inclusive we are, as well as represent all seniors not only from Ajax but the other regions around us.
- Rocco held a dart tournament at the village which was a great success. We had players from both St Andrews and the Village as well as some from the Pickering senior centre on Liverpool Rd. A special thank you goes out to Moninder, from the Town who paid for the lunch and treats. We may do another later in the year at St. Andrews as it was well received by all.
- Keep in mind the social group that meets on Tuesday mornings is open to all members of both the Village and St. Andrew's Centres. The dates and presenters are shown in the Club Info on page 3 and on the Bulletin Boards in both centres. We have lots of room and it's a great way to get to meet some of the new members that are signed up.
- We did say in an earlier addition of the newsletter if there are any activities that you are interested in starting, please contact Chris Bolduc, the Activity Director, at (905) 419-3783 or email at [c.bolduc@rogers.com](mailto:c.bolduc@rogers.com) . It will be brought forward at the next board meeting. If there is any topic that you would like discussed at the social group, let her know also.
- Thanks for now, as soon as I get any information on the parking lot I will inform everyone.

**FRASER GRANT** (289) 200-4800

- New activities at the Village! A second cribbage day and euchre day! They are included on the updated Activities List.
- Tuesday afternoons cribbage takes place at 1:30-4:00 and euchre takes place on the 2nd and 4th Wednesdays of the month at 2:00-4:00. Julie from Probus is the coordinator for both. Ajax Senior members are more than welcome. The usual \$1.00 drop in fee applies.
- We are also discussing the possibility of Tuesday night dart night. Information to follow.
- If you're interested in playing snooker, the Village has an excellent table (soon to be recovered) open most mornings and afternoons. Call Jan if you're interested. 905-903-3537
- Mother's Day Tea is on May 16th at 2:00. Sandwiches and sweets. Sign up on the bulletin board.
- Our next Lunch and Learn will take place on June 13.

*Jan Herbert* (905) 903-3537

*Experience is something you don't get until just after you need it.*

## CLUB INFO

- As part of the combining of the St. Andrew's & Village Centres to become the Ajax Seniors' Club next year, we are in the process of creating a new website. As part of that, we will need a logo. We are asking any of you who are creative to send in your suggestions for what the new Logo for the club looks like. Sketches are appreciated. The prize for the winning logo will be free membership for 2024.
- The Tuesday Morning Social events for May
  - May 2nd — Johnathan Oliver Will Entertain us With His Autoharp Talents.
  - May 16Th— Small Hooves, Big Hearts Come Meet A Tiny Horse And Hear The Story Of This Healing Horses Program.
- The Honorary Members' Luncheon is scheduled for Thursday, June 15 from 12 to 4 pm. For those of you who aren't aware, Honorary Members are the members who are 90 years and older. This luncheon is for those members and 1 guest each. It is being held at the Ajax Community Centre owing to the uncertainty of the parking lots. Invitations have been sent out by mail to all Honorary Members so if you an H.M. who has not received an invite please contact Chris at (905) 419-3783 or email at [c.bolduc@rogers.com](mailto:c.bolduc@rogers.com) .

## INFORMATION FROM THE TOWN OF AJAX

All the details (registration links and program descriptions) for upcoming events are available under <http://ajax.ca/55plus> on the internet or contact.

**Moninder Nahar-Arjun,**

Town of Ajax, at 905-619-2529 ext. 7243.

### **Let's Do Lunch**

**Tuesday, June 13 | 11:30 a.m.**

Join us for a light catered lunch and an informative session from Durham Regional Police Services. The Senior Support unit will be presenting the topic Fraud Awareness and Prevention. Make sure to have your notebook!

**Ajax Seniors Club – Pickering Village Centre (29 Linton Ave.)**

**Registration required with Jan or Fraser**

### **55+ BBQ**

**Thursday, June 8 | 11:30 a.m.**

Come by the Ajax Waterfront to celebrate Aging Well Month at the 55+ BBQ. There will be a free lunch, community vendors, entertainment and more! Visit [www.ajax.ca/55plus](http://www.ajax.ca/55plus) for details.

**Ajax Waterfront No registration required (Drop-in).**

*When you tell the truth, you don't have to remember anything.*

*If you think nobody cares whether you're alive or dead, try missing a couple of mortgage payments.*



## Bingo at the Centres

If you like playing Bingo, you'll enjoy playing with us. You can play every Wednesday from 1 to 3:30 pm in St. Andrew's main hall and the last Sunday of each month from 1 to 3 pm in the Village Centre main hall.

If you have any photos of club activities that you think should go in the Newsletter, please send them to me at [d.bolduc@rogers.com](mailto:d.bolduc@rogers.com).



Bingo at the Village Centre



Fraser, our guest caller

*During a recent visit to my doctor, I happened to ask her, "So, how do you determine whether or not an older person should be put in an old age home?"*

*"Well," she said "we fill up a bathtub, then offer a teaspoon, a teacup or a bucket to empty the bathtub."*

*"Oh, I get it," I said. "A normal person would use the bucket because it's bigger than the spoon or the teacup. That makes sense."*

*"No," she said. "A normal person would pull the plug. Do you want a bed near the window?"*

*God promised men that good and obedient wives would be found in all corners of the world. Then made the earth round. . . and laughed and laughed and laughed.*

*Some days you are the dog, some days you are the tree.*

*I'm a multitasker. I can listen, ignore and forget all at the same time!*

*Sometimes it takes me all day to get nothing done.*

*I may not be that funny or athletic or good looking or smart or talented.....I forgot where I was going with this.*

## [AJAX LIBRARY PROGRAMS](#)

### **Container Gardening: Flowers and Vegetables; Wednesday, May 3 | 2:00 – 3:00 PM Main Branch; Registration Required**

Learn about decorative and vegetable container gardening from local gardening expert, Ken Brown. Discover how to plant a beautiful container and successfully grow delicious, fresh vegetables!

### **Wills and Estate Planning; Tuesday, May 23 | 1:30 PM – 2:30 PM Main Branch; Registration Required**

Learn about the estate administration process and get tips for choosing the right executor to fulfill your estate plan. Topics will include the components of a comprehensive estate plan, wills, powers of attorney, and duties and obligations of executors. Presented in partnership with The Royal Bank of Canada Wealth Management.

### **Living a Healthy Life with Chronic Pain; Thursdays, May 25 to June 29 | 10 AM – 12:30 PM Audley Branch; Registration Required**

This six-week workshop series will help people with chronic pain to better cope with symptoms and activities of daily life. All participants will receive the "Living a Healthy Life with Chronic Pain" resource book and "Moving Easy Program" CD. Presented in partnership with Self-Management Program Central East.

**Catherine Andru ,**

Adult Services Librarian

E: [catherine.andru@ajaxlibrary.ca](mailto:catherine.andru@ajaxlibrary.ca) P: 905-683-4000 ex: 8809



*Just once, I want a username and password prompt to say, "Close enough."*

## Birthdays for the Month of May

| No. | NAME                | HN | BIRTHDAY |
|-----|---------------------|----|----------|
| 232 | DOROTHEY VAN TIENEN |    | 1-May    |
| 713 | HELEN KOVACS        |    | 1-May    |
| 675 | LYNDA WOODFORD      |    | 1-May    |
| 221 | JEAN FINCH          |    | 2-May    |
| 678 | INGE MUELLER        |    | 2-May    |
|     | THERESA JAMES       |    | 2-May    |
|     | MIKE BURKE          |    | 3-May    |
|     | MATTHEW REESE       |    | 4-May    |
| 165 | WILLIAM JORDAN      | HN | 5-May    |
| 307 | ENA SHAW            |    | 5-May    |
|     | KATE ATKINSON       |    | 5-May    |
| 374 | DIANE PARRINGTON    |    | 05-May   |
|     | DIANE NORRIS        |    | 5-May    |
| 33  | DAVE SNEA           |    | 6-May    |
| 755 | CARL MABEE          |    | 7-May    |
| 141 | EURANIE NEARING     |    | 8-May    |
| 154 | BRENDA VAUGHAN      |    | 8-May    |
| 186 | KATHY ROBBINS       |    | 8-May    |
| 275 | MARIA D'SOUZA       |    | 9-May    |
| 169 | BARB DODSWORTH      |    | 10-May   |
| 322 | VALERIE ROSS        |    | 10-May   |
| 144 | CAROLE McLEOD       |    | 10-May   |
|     | SUSAN BENDLE        |    | 10-May   |
| 305 | VICTORINE FACEY     | HN | 11-May   |
| 91  | BRENDA CRISP        |    | 11-May   |
| 292 | DON BOUTARA         |    | 11-May   |
|     | THOMAS NEVILLE      |    | 11-May   |
| 447 | BARRY BARNES        |    | 12-May   |
| 357 | RU MIN WANG         |    | 14-May   |
| 673 | DAVID DONALDSON     |    | 15-May   |

| No. | NAME               | HN | BIRTHDAY |
|-----|--------------------|----|----------|
| 160 | VICTOR TING-A-KEE  |    | 15-May   |
| 751 | IGNAZIA RASUL      |    | 15-May   |
| 122 | BEVERLY SMITH      |    | 15-May   |
| 218 | PAT NORWOOD        |    | 15-May   |
| 708 | NIKKI THOMPSON     |    | 15-May   |
| 274 | ROSIE SEQUEIRA     |    | 18-May   |
| 277 | FRANCES BOLTON     |    | 18-May   |
|     | ANNE HENRY         |    | 18-May   |
|     | WILLIAM HARTLEY    | HN | 19-May   |
|     | ODILE CHEUNG-BRET  |    | 19-May   |
| 291 | CATHERINE McNICOL  |    | 19-May   |
|     | MARY WONG          |    | 20-May   |
| 370 | KIMBERLY DUNNETT   |    | 20-May   |
|     | GUDRUN FRANC       |    | 23-May   |
| 159 | DIAN TING-A-KEE    |    | 23-May   |
| 276 | PHILOMENA CORDEIRO | HN | 24-May   |
| 56  | KATHY BALSILLIE    |    | 24-May   |
|     | BETTY PARISH       | HN | 25-May   |
| 413 | MARY MULLEN        |    | 25-May   |
|     | ELAINE NEVILLE     |    | 25-May   |
| 95  | ANN SEENS          |    | 25-May   |
| 192 | NANCY DUNN         |    | 25-May   |
| 4   | MABEL SPENCER      | HN | 26-May   |
| 668 | MAUREEN TERPSTRA   |    | 26-May   |
| 107 | EILEEN HANNA       |    | 27-May   |
|     | MARILYN LONGBOTHAM |    | 29-May   |
| 699 | MARJORY WILSON     |    | 29-May   |
| 669 | BERNARD TWYMAN     |    | 30-May   |
| 249 | GLENNIS SAVAGE     |    | 30-May   |
| 288 | ZAINUB JAWUB       |    | 31-May   |

**This list is taken from the latest 2023 Members list and the 2022 members list (with no numbers). Owing to the greater numbers, only 2023 Members' Birthdays will be listed in the future. For any errors or omissions, please contact me at [d.bolduc@rogers.com](mailto:d.bolduc@rogers.com).**

*"At age 20, we worry about what others think of us; at age 40, we don't care what they think of us; ...at age 60, we discover they haven't been thinking of us at all." Ann Landers*