

AJAX SENIORS' CLUB

St. Andrew's Friendship Centre

46 Exeter Rd., Ajax, L1S 2J8 905.686.1573

Pickering Village Centre

29 Linton Ave, Ajax, L1T 3A7 905.683.8460

Issue 98

Editor Doug Bolduc (905) 428-0855

Newsletter for March 2023

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- Emailed Newsletter. If you are not getting the Newsletter by email but would like to, please contact me at d.bolduc@rogers.com. Unfortunately, there are several members whose email address I couldn't make out so I can't reach those.
- On a personal note, I'd like to thank you for all the positive feedback that you've given me. I may not express it but I really do appreciate it. It's good to know that my little efforts are enjoyed.

I told my wife she should embrace her mistakes... so she hugged me.

The senior version of "head, shoulders, knees and toes" is "wallet, glasses, keys and phone."

MARK YOUR CALENDAR

- * March 12th Daylight Savings Time – move ahead 1 hour
- * March 17th St. Patrick's Day

CLUB INFO

- **Town of Ajax Special Certificates.** On February 9, Donna Andrechuk, one of our 2 famous Bomb Girl members, received a congratulatory Birthday Certificate from the Town of Ajax. It was presented to her at St. Andrew's Centre by Fraser. It occurred to us that there could some more members who are deserving of such an honour. We obtained, from the Town, the requirements (listed below) to warrant receiving one of these certificates. If you feel that someone you know deserves this Certificate, please contact the Town. You can contact me at d.bolduc@rogers.com and I will get you in touch with the proper contacts in the Town office.
 - There are several life events and contributions that are worthy of recognition. At the Town of Ajax, you can acknowledge these achievements and bring awareness to specific causes. Requests should be submitted a minimum of four weeks in advance of the date the recognition is required.

- The Town of Ajax recognizes the following contributions:
 - Outstanding acts of civic service
 - Arts, cultural and community engagement
 - Team achievements (athletic/academic) i.e., winners or finalists in provincial, national, international competitions, etc.
 - For recognition of team achievements, individual participants will be issued certificates and a plaque will be issued to the team, organization or school.
 - Personal milestones (i.e., celebration of 100th birthday, 50th wedding anniversary)
 - *Please note we recognize birthday milestones starting at the age of 65 years and Anniversary milestones starting at 25 years (and 5 year increments thereafter)
 - Business achievements (i.e., Grand Opening)
- Recognition requests for the following **will not** be supported by the Town of Ajax:
 - Any request received that either directly or indirectly supports:
 - Demeaning, derogatory, prejudicial, offensive matters
 - Political or religious messages
 - Any matter in contravention of Town of Ajax policies, procedures and by-laws
 - Any recognition that is achieved regularly (i.e., graduation from high school or Post-Secondary programs)

IMPORTANT: A limit of one congratulatory certificate request for any individual, group, team or organization will be issued within the calendar year.

- Please remember to renew your membership when you come in for your activity if you haven't done so yet. Be sure to do it ahead of time (or after) and not delay the activities. You can also renew through any one of the St. Andrew's Executive Board members or Jen, our Custodian.
- **Activities & Events - Let's Get Busy!** Your Activity Crew is making plans now for some events that have been put on hold through Covid and Construction!
 - We are hosting our Honourary Members' Luncheon on Thursday, June 15th from 11 to 3 pm. We are holding this Celebration of Our Honourary Members – those who have reached 90 years and beyond - at the Ajax Community Centre where the Town has graciously offered us a room without charge. Invitations will be sent out through the mail but please notify any Honourary Members and have them mark their calendars. We will be offering a High Tea Luncheon from The Melting Pot and enjoying a variety of music from the oh-so talented Jeannette Vandervooren. Beautiful floral treats have been prepared for all our Special Seniors by Gail Ernst.
 - Our Activity Committee is also looking to restart the Tuesday Morning Social Events. All members are welcome to attend. We will be starting in April so please watch the Bulletin Boards and Newsletters for information. Did you get to enjoy the plays performed for us by Smile Theatre? We are hoping to have a Smile Theatre Performance on a Saturday in May or June. Don't miss it! Information will be posted asap. So, Ajax Seniors – we're getting busy!

MESSAGE FROM YOUR PRESIDENTS

- Hi all, we held the coordinators meeting on Saturday the 25th of Feb-2023.
- We did have a good turn-out (even as it was snowing first thing in the morning)
- We had Rob Carpenter, the Facility Manager, give us a short presentation on fire safety and what to do if the alarm does go off. I went right into the correct procedure for opening and closing the centre. I spoke about the responsibilities for being a coordinator. It can be very rewarding to run an activity and at the same time meet friends and have fun doing it.
- I did open the floor for questions and comments, of which there were a few. Some questions about if the alarm goes off and the members don't want to leave? We said the best solution is to call 911. Then, they will walk you through the correct procedure.
- Overall, I think it was very informative to everyone. We all want to do the right thing.
- One of the topics was new activities? or more days for the same activity. Chris Bolduc, our Activity Director, has been under the weather for the last while but is back and ready to carry on her duties. I have been substituting for her but from now on, for any change in an activity, please contact Chris. She can be reached at c.bolduc@rogers.com or (905) 428-0855. If you approach anyone else, your change request will most likely not happen. As the Activity Schedule has to be controlled by only one person to be effective.
- I did say that if you require new equipment to let Chris, know. We can look at buying new.
- We spoke about setting up the Honourary Luncheon soon at the Ajax Community Centre (ACC). Our parking lot will not be back to full occupancy any time soon. The other events that we did hold pre COVID are being addressed as we do know they are a welcome distraction. We will be using the Village Centre or the ACC depending on the event and the number of members overall. It was a worthwhile meeting and as a plus there were nice fresh sandwiches and sweet treats for everyone. Let's hope after this last bout of snow we can look forward to some sun.
- Hope this finds everyone happy and warm. Fraser.

FRASER GRANT (289) 200-4800

- Thank you to all members who have been so supportive during this year of upheaval.
- February 14th this year was a special Valentine Day! This year we were able to host a Valentine Lunch at the Village Centre. Three kinds of soup and seven kinds of sandwiches were on the menu to share with your sweetheart or your close friends.
- Music was provided by Sergio who added to the pleasant ambiance and, of course, chocolate prizes. A good time was had by all!
- Many thanks to Teri, Helen, AnneMarie and Agnes who helped by making sandwiches. And a thank you to Rosita for making one of the soups.
- Thank you to Rocco and Fraser for selling tickets.
- And, of course, a big thank you to the many volunteers who helped serve.
- We hope to have a Mother's Day event, so keep your eyes open for the information coming soon!

Jan Herbert (905) 903-3537

INFORMATION FROM THE TOWN OF AJAX

Our FREE Let's do Lunch in-person workshops provide relevant resources, valuable information and skills development while encouraging social interaction.

When: March 28 – 11:30 a.m. to 1 p.m.

What: From a Maze to Amazing – Understanding Ontario's Personal Income Tax, Credits and Benefits

Where: Ajax Seniors' Club – Pickering Village Centre (29 Linton Ave.)

Join the Ontario Ministry of Finance to learn more about Ontario's personal income tax. Find out which tax credits and benefits you and your family may qualify for. Lunch provided. There will be a lot of valuable information - make sure to have your notebook! Space is limited.

Register by emailing 55plus@ajax.ca last day to register is March 19, 2023

Moninder Nahar-Arjun,

Town of Ajax, at 905-619-2529 ext. 7243.



"What else did you fix today?"



An elderly man thinking his wife was losing her hearing went about 20' behind her and asked "Can you hear me sweetheart?" No reply. Moved to 10' and inquired again. No reply. 5' and not a word. A few inches behind ear, he asked "Can you hear me now honey"? His wife said "For the fourth time, yes."

When I die I want my last words to be, "I left a million dollars under the..."

WisdomChief.com.com

A guy wants a divorce. He tells the judge, "I just can't take it anymore. Every night she's out until way after midnight, just going from bar to bar."

Judge asks, "What's she doing?"

The guy answers, "Looking for me."

[AJAX LIBRARY PROGRAMS](#)

[Tending to the Fire: An Offering for Storytellers](#) (Wednesday, March 8)

Online/Webex; 7 PM – 8 PM Registration Required.

Embark on a journey into tending to your own fire of storytelling. Every writer has a beginning spark and finding the kindling to grow the flame is step one.

[Service Canada Appointments](#) (Thursday, March 9)

Main Branch; 10 AM – 1 PM Appointment Required.

Gain guidance and advice from a Service Canada representative on accessing services related to Employment Insurance, Canada Pension Plan, and Old Age Security.

[Preparing for the Tax Season](#) (Saturday, March 11)

Main Branch; 10 AM – 11 AM Registration Required.

Join us for a presentation from a Chartered Professional Accountant covering the basics of personal taxes. Learn how to account for: employment expenses, rental income, self-employment, and what major tax credits will be available this year.

[Falls Prevention](#) (Wednesday, March 22)

Online/Zoom, 2 PM – 3 PM Registration Required.

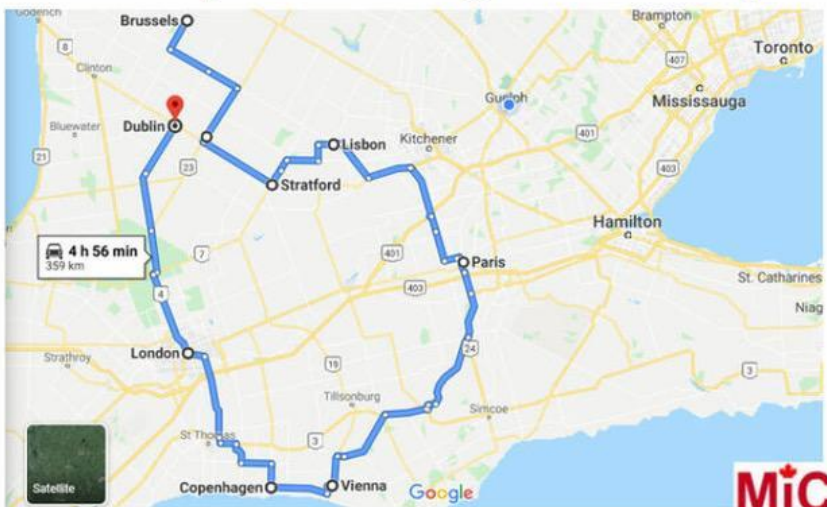
Falls can potentially cause serious injury and disrupt one's daily life – join us to learn prevention methods, as well as how to properly respond and recover after a fall.

Catherine Andru ,

Adult Services Librarian

E: catherine.andru@ajaxlibrary.ca P: 905-683-4000 ex: 8809

When you can't go to Europe



Birthdays for the Month of March

<u>No.</u>	<u>NAME</u>	<u>HN</u>	<u>BIRTHDAY</u>
197	FLO VANDERBURG	HN	1-Mar
	LYNDA LAWRIE		2-Mar
337	GUAMBING SHI		4-Mar
287	DONNA CODE		4-Mar
207	KATHY BURGESS		4-Mar
278	HELEN KOCOJ		5-Mar
	JOHN SIMPSON		5-Mar
726	LINDA KENNEDY		5-Mar
677	SUZANNE DESROSIERS		6-Mar
71	CINDY BLONDIN		7-Mar
712	BEA UFNAL		7-Mar
285	GLORIA ROBERTSON		8-Mar
66	PETER SMITHWICK	HN	9-Mar
	ZHITONG ZHAO		9-Mar
156	MARJORIE FREEMAN		9-Mar
123	ANNE-MARIE DENNIS		9-Mar
	TERRI STEWART		9-Mar
318	TANG YI		9-Mar
92	MAURICE LEWIS		10-Mar
317	JIAN SHENG ZHANG		10-Mar
	SORAYA AYUBI		10-Mar
328	LINDA CONNOR		11-Mar
	MARIE MILLER		11-Mar
	CORA MANUEL		12-Mar
252	JULIE MATHEWSON		12-Mar
	GWEN OSTLUND		14-Mar
31	FRED ARNOLD		16-Mar
	PAT McKINLAY		16-Mar
683	EVA DONNELLY		16-Mar
	LIPING WANG		16-Mar
214	GENE SCHAAF		17-Mar
121	LLOYD CRESSWELL		17-Mar

<u>No.</u>	<u>NAME</u>	<u>HN</u>	<u>BIRTHDAY</u>
329	FRANK GRETO		17-Mar
	TAD STAWSKI		20-Mar
701	REGINA CHARD		20-Mar
250	GLORIA SHARPLES		20-Mar
296	JODI LA FLEUR		20-Mar
	DELORIS UGARKOVICH		21-Mar
	JACQUELINE MOLLARET		21-Mar
	GAIL MOFFATT		21-Mar
686	SHARON GALNA		21-Mar
215	MARIE SCHAAF		22-Mar
	DARLENE SCHOLTISSEK		22-Mar
	MONIQUE BLACK		22-Mar
111	ANN VANDENBOS	HN	23-Mar
271	SHEENA BRACEWELL		23-Mar
657	TOM McARDLE		24-Mar
63	LYNDA BRISBANE		24-Mar
724	JO-ANNE BURT		24-Mar
196	TERESA CUKE		24-Mar
83	VIOLET AZAVEDO		25-Mar
248	PAT HEYES		25-Mar
	MARGOT LOREN		25-Mar
241	LORETTA HAYDEN		28-Mar
	KEN CALVERLEY	HN	29-Mar
	LIONEL MASCRENHAS		29-Mar
	KAREN PHILLIPS		29-Mar
355	BI ZHU WANG		29-Mar
	PETER WOWK		29-Mar
101	IRIS GILES		30-Mar
	PETER SCHEFFEL		30-Mar
	LUDO TALENS		31-Mar
114	RITA ROBERTS		31-Mar
	ANNA DOSSEVA		31-Mar

**This list is taken from the latest 2023 Members list and the unsigned 2022 members list.
For any errors or omissions, please contact me at d.bolduc@rogers.com.**

