

AJAX SENIORS' CLUB

St. Andrew's Friendship Centre

46 Exeter Rd., Ajax, L1S 2J8 905.686.1573

Pickering Village Centre

29 Linton Ave, Ajax, L1T 3A7 905.683.8460

Issue 117

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Newsletter for February 2025

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- Welcome February. The days are getting longer and we're enjoying a warmer than usual winter – or is this the new normal? I like it.
- The 2025 membership drive has been a great success. Two thirds of the 2024 members have already renewed but there is still a way to go. Thank you for responding so quickly. The cost is \$20. Many thanks to Dianne Hussey, Jan Herbert and Don Norheim for their time and effort in organizing this.
- For those of you who were at the New Year's Eve games night, check out the Photos on the website. I've added more pictures.

I'm on two diets. I wasn't getting enough food on one.

MARK YOUR CALENDAR

- * Feb 2nd Groundhog Day
- * Feb 14th Valentine's Day
- * Feb 15th Valentine Tea - see Club Info below for details
- * Feb 15th National Flag of Canada Day
- * Feb 17th Family Day

CLUB INFO

- The position of Event Director is still open! If interested, please speak to Jan Herbert.
- A Valentine Tea is being held at the St. Andrew's Centre on Saturday, February 15 from 2 to 3:30 pm. Tea, sandwiches and sweets will be served. The cost is \$5 per person. Please see the website Events page or the Bulletin boards at either centre for ticket sales information. Thank you to Dean Gibbons from CHARTWELL for prizes and sweets for the Valentine's Tea!
- The Lunch and Learn series will start again in March. Check the website Events page or the Bulletin boards at either centre for details.
- ART WITH MERLIN at the Village returns. PEN and INK DRAWING. Every Friday morning from February 28th to April 11th. Sign up at either centre or call Jan 905-903-3537.

- Zumba and Yoga, new activity at the Village is starting up on Monday afternoons for Ajax Seniors. There is an additional cost. Call Nicole Cote 905-427-2054

MESSAGE FROM YOUR PRESIDENT

- Yes, its cold out there!! The wind does not help but as they say, its Canada!
- We did hold the coordinators meeting in January so we could thank the coordinators for their help in running both centers. As we all know, it can be very rewarding but also a challenge. If you are interested in helping a coordinator run an activity or take over running one that requires a new person, please speak to Don Norheim as he can help you get started.
- We have also been offered a first aid class to any of our members, we did say on the web page for the coordinators but is it open for all members. This will be at the ACC building on Thursday the 13th and Friday the 14th of February from 9 to 4 each day It is a two-day course and we do need a commitment if it is to go ahead. If interested please call Jan Herbert to book your spot.
- As we all know, the temperature in the club at St Andrews can be a challenge as you move from room to room. We do try to keep it warm enough to be comfortable as we understand some activities involve movement and some do not. If I can remind everyone about either removing your outdoor winter boots (and wearing indoor warm shoes) or trying to wipe your feet on the carpets at the front door. This will help to keep the floor dry and clean.
- The drive to have everyone sign up for the new 2025 membership is moving along quite well. If you haven't renewed and got your new card and pen yet, see the coordinators before you start your activity. They can help you sign up.
- Your new Board of Directors is now in place for 2025. We still are looking for a person who knows the club to be involved as Event Director! As I am sure you all understand we want to continue to offer events such as the Valentine Tea, It can be very rewarding to see the members having a good time with friends.
- We have printed the new activity sheet that shows both locations and we are going to try to maintain this without any changes for at least a couple of months. This way, everyone knows what day and time their activity takes place.
- Any changes that are requested **MUST** go to the Activity Manager - not a Custodian - so we are all on the same page.
- I ask everyone to drive with care as the weather can change at any time. Also be very careful in the parking lot and walking into the center.
- Have a great day. See you in either center soon.

FRASER GRANT (289) 200-4800

Common sense is like deodorant. The people who need it the most never use it.

Me, sobbing: "I can't see you anymore. . . . I'm not going to let you hurt me again."

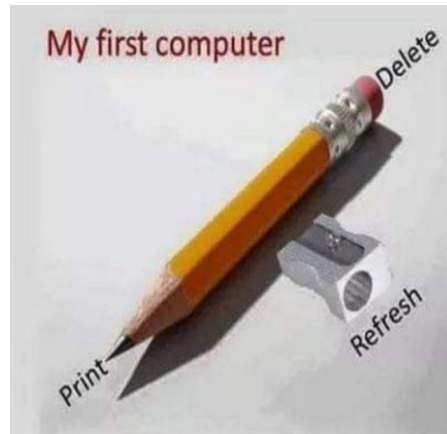
My Trainer: "It was one sit-up."

[INFORMATION FROM THE TOWN OF AJAX](#)

All the details (registration links and program descriptions) for upcoming events are available under <http://ajax.ca/55plus> on the internet or contact.

Moninder Nahar-Arjun,

Town of Ajax, at 905-619-2529 ext. 7243.



Kids complaining about Spotify... they don't know the real struggle.



[AJAX LIBRARY PROGRAMS](#)

Tax Clinics Registration begins Tues., Feb 18. Appointments start in March.

Volunteers from the Community Volunteer Income Tax Program will be available to assist you with filling out your 2025 tax return.

55+ Amateur Poetry Contest - Wed. Jan. 1 – Friday Feb 28

The Ajax Public Library Older Adults Advisory Committee is please to bring you the 3rd annual 55+ Amateur Poetry Contest. Your poem can be on any topic using whatever style you prefer. Visit ajaxlibrary.ca/55PlusContest.for more details.

For a full list of February Library Programs, please visit: <https://ajaxlibrary.ca/whatson>.

Julia Campbell,

Adult Services Librarian

E: julia.campbell@ajaxlibrary.ca | **P:** 905-683-4000 ext. 8809

A man and his wife moved back home to Saskatchewan, from Vancouver. His wife had a wooden leg and to insure it in BC was \$2000.00 a year!

When they arrived in Saskatchewan, they went to an Insurance Agency to see how much it would cost to insure this wooden leg.

The agent looked it up on the computer and said to the couple, "That'll be \$39.00".

The husband was shocked and asked why it was so cheap to insure this wooden leg here in Saskatchewan, when it had cost him \$2000 in BC!

*The agent turned his computer screen to the couple and said, "Well, here it is on the screen, it says: *Any wooden structure, with a sprinkler system over it is \$39.00. *"*

I always did find Saskatchewan's logic far superior to most of the others.

Birthdays for the Month of February

<u>No.</u>	<u>NAME</u>	<u>HN</u>	<u>BIRTHDAY</u>	<u>No.</u>	<u>NAME</u>	<u>HN</u>	<u>BIRTHDAY</u>
	JENNIFER ALPHONSE		2-Feb		KAREN DRYDEN		15-Feb
425	ANNEMARIE KAUFMAN		3-Feb		MANUBHAI PATEL		15-Feb
	ELIZABETH SOLER		3-Feb		BRIGITTE FAILLE		16-Feb
	NORMA CALVERLEY		3-Feb		GUI FENG JIAO		16-Feb
	YEN SHOU XIAO		4-Feb	66	CLARENCE PRINS		18-Feb
	MARY ELLEN SMITH		5-Feb		JIN XI LIU	HN	18-Feb
	TRISH JACKSON	HN	6-Feb	455	JULIEN GUILLEMETTE		19-Feb
7	CHRIS McARDLE		7-Feb		ANNIE SMALL		20-Feb
	MARY LOU MUNRO		7-Feb		BOB NORMOYLE		20-Feb
	XIN YUAN LIU	HN	7-Feb	570	NELLA PERERA		21-Feb
579	MICHAEL JURYSTA	HN	8-Feb	310	JIM MITCHELL		22-Feb
10	RHEO SAVARD	HN	8-Feb	603	JANET ROBINSON		23-Feb
	XIU MIN XIE	HN	8-Feb	491	MARGARET DOBBIN		23-Feb
502	DONNA ANDRECHUK	HN	9-Feb	489	RONALD BAIRD		23-Feb
454	DAVE BALSILLIE		10-Feb	61	WENDY SMITH		23-Feb
	DAVID SHORTT		10-Feb	16	BILL CROCKER	HN	24-Feb
	MARY RAESIDE		10-Feb		HERBERT CAMPBELL		24-Feb
285	CARMEN WHITTAKER		11-Feb	31	HARRY ILIADIS		25-Feb
	INGRID JACK EDWARDS	HN	11-Feb	445	HEATHER TURNER		25-Feb
	PAT HANNAH		11-Feb		FANG YE YUAN		26-Feb
	DILIPBHAI PATEL		12-Feb	3	ROCCO ROSSI		26-Feb
	CLYDE McCLEOD		13-Feb		YUANFANG YE		26-Feb
	FELICIDAD BIRCH		13-Feb		ELIZABETH BELANGER		27-Feb
	MARJ JOHNSTON		14-Feb		ALLAN MONTEIRO		28-Feb
	TONY YOUNG	HN	14-Feb	363	JANE ROSZELL		28-Feb
474	VAL BUDD	HN	14-Feb	533	MAUREEN ADAMS		28-Feb
344	HEATHER SWARTZ	HN	15-Feb	254	PAUL DeVOCHT		28-Feb

Hard to believe I once had a phone attached to a wall, and when it rang, I picked it up without knowing who was calling.

It's not my age that bothers me; it's the side effects.

God promised men that good and obedient wives would be found in all corners of the world. Then he made the earth round. . . and laughed and laughed and laughed.

My mind is like an internet browser. At least 19 open tabs, 3 of them are frozen, and I have no clue where the music is coming from.