

# AJAX SENIORS' CLUB

## St. Andrew's Friendship Centre

46 Exeter Rd., Ajax, L1S 2J8 905.686.1573

## Pickering Village Centre

29 Linton Ave, Ajax, L1T 3A7 905.683.8460

Issue 103

Editor Doug Bolduc (905) 419-3783

Newsletter for September 2023

### Inside this Issue:

Editor's Notes

Mark Your  
Calendar

Club Info

Message from  
your Presidents

Library News

Town of Ajax

Birthdays

- Here comes the Fall! Welcome back to the latest Newsletter after a Summer hiatus. It sure flew by so quickly.
- Several activities will be starting back up. They are Exercise on Tuesday and Friday plus Line Dancing on Thursday. We will notify you of the specific startup dates when they become available.
- We have created a website for the Ajax Seniors' Club for those of you with computers. It contains sections for our Organization, Activities, all 2023 Newsletters, Events, Photos plus Items of Interest. See the Club Info below for further details.
- If you would be interested in taking on the position of Activity Director, please contact Fraser.

## MARK YOUR CALENDAR

- \* Mon. Sept 4<sup>th</sup> Labour Day Holiday - (St Andrews custodian only until 1pm)
- \* Tues. Sept 13<sup>th</sup> National Bald Is Beautiful Day (*one of my favourites*)
- \* Thurs. Sept 22<sup>nd</sup> First day of Autumn

## CLUB INFO

- If you have been to St. Andrews centre lately, you'll have noticed that work has finally been restarted on the south parking lot. For details, see Fraser's Message on the present situation.
- **To all coordinators:** If you are starting up your activity in September, please make sure to notify the starting date to Fraser Grant by either sending an email or calling his number 289.200.4800.
- The Social Group will not be meeting in September and possibly longer. Unfortunately, there is no Coordinator for this activity at the present time. If you are willing to take on this position or know someone who would, please contact Fraser. Until then, the Social Group is suspended.

*I asked my wife if I was the only one she'd been with. She said yes. All the others had been nines and tens.*

*Being popular on Facebook is like sitting at the cool table in the cafeteria of a mental hospital.*

- We have created a website for the Ajax Seniors' Club for those of you with computers. It contains sections for our Organization, Activities, Newsletters, Events, Photos plus Items of Interest. The address is [ajaxseniorsclub.ca](http://ajaxseniorsclub.ca). The Organization gives a brief history and description of each Centre. The Organization shows the list of the Board of Directors with some photos showing the various areas in each Centre. The Activities shows the various activities in each Centre. You can view the activities by Coordinator, day and activity as well as the regular printout list available in the centres. The Newsletter page provides all Newsletters for 2023. The Membership page provides info for new members and members who are renewing or returning. Events page will show events that are coming up in both centres plus Town of Ajax events for seniors. The photos page shows photos from past seniors events and activities. Presently, we have group and individual photos from our Honourary Seniors luncheon in June. Any of the photos can be copied for personal use. The Items of Interest page contain miscellaneous items such as jokes, cartoons or outside news.

### MESSAGE FROM YOUR PRESIDENTS

- The parking lot in the south is close to being completed. When it is open for us to use, they will continue the driveway between the two lots as well as the pickleball court in the back of the building. I mention the parking lot because we the board still get questions about when it will be completed and open. As I get information, I will pass it along but, as you know these plans are out of my hands and I can only inform everyone when I get the information.
- As for the pickleball court, this will be a town court and they will be responsible for maintaining the grounds as well as informing everyone of the play time. There will be a sign informing everyone that you can play for 30 minutes at a time, and if there are people waiting, you need to allow the changeover to happen. When it gets closer to being open, I will be ensuring there is a sign with a phone number for people to call if there are any issues. We at the centre will not be able to intervene as it will be handled the same as the courts at ACC or Audley.
- Another item of interest from the town is their Curbside Giveaway that is scheduled for Saturday September 16<sup>th</sup>. There is a rain date (Saturday September 23 same time) start by 7am to end at 7 pm. The pilot project event, organized in cooperation with the local municipalities, allows residents in participating municipalities to place unwanted items, in good condition, clearly marked FREE on their curb for anyone to pick up. This is a great opportunity to declutter and find a home for your unwanted items. The region is not responsible for quality of items placed for the Curbside Giveaway Day. You can get more information by going onto the Durham region web page (I have printed a page with more guidelines which is on the main hall table at St Andrews).
- The activity sheet has been updated to show the drop-in fee activities in yellow and classes that require an extra cost to participate in blue. This matches the web page.
- The info regarding how to see the new web page is ready to be sent out to everyone.

*They say marriages are made in Heaven. So is thunder and lightning.*

- I also want to speak about an issue that came up at St Andrews centre regarding the playing of euchre. The game is played on different days at different times run by different coordinators. I was asked if the rules could be the same for all games. There are several members who play each time, and it can be confusing if the rules are different on different days. To that end I did speak to the coordinators, and they have come up with a set of easy-to-follow rules for all games. I understand we are all here for fun so by following the same guidelines it should make the playing better for everyone. There is a one-page set of rules which is available any one of the coordinators.
- The activity sheet has time and location listed. We hope not to have to alter this for at least 3 months. The consistency of set up is required so that all members and custodians know where they are going each day and the tables, chairs and equipment are in the correct location. If any questions arise, please contact me, not Jennifer. Thanks again for the help the coordinators do which allows all the members to come and have fun at both locations.
- I am sure some of you have noticed the shuffleboard table that is now in the solarium! There is a set of rules on the bulletin board by the library if anyone would like to try it. We are thinking of trying to set up either an afternoon or evening for a group to start to play. If anyone is interested in helping to get this up and running, please let me know.

Thanks for now.

**FRASER GRANT** (289) 200-4800

- Sunday bingo will start back up on Sept. 24 at 1pm. October Village bingo will take place Sunday October 22nd (this is a change for this month only. Otherwise, Village bingo takes place the last Sunday each month.
- Harvest Gathering Lunch will take place at the Village on Thursday, September 28th. Soup, sandwich and sweets for \$7.00 at the door. I'm working on the entertainment. Sign up is required. Check the bulletin boards!
- LUNCH AND LEARN at the Village on October 17th at 11:30  
Topic: Nostalgic Trip to 50's and 60's.
- LUNCH AND LEARN at the Village on November 14th at 11:30  
Topic: Understanding Food Labels
- We will be having a Christmas Dinner this year on Friday December 8th. The venue and entertainment to be determined and approved. It will be held at ACC or St. Andrew's. Once again to be discussed and approved by the two boards.
- Just a reminder that the Village has Cribbage every Tuesday at 1:30 and Euchre on the 2nd and 4th Wednesday at 2:00. All members welcome.

*Jan Herbert* (905) 903-3537

*A woman with a salad walked past me in the restaurant and said "You know a cow died so you could eat that meat". I replied 'If you weren't eating its food, it might have lived'*

*Did you know that the last day of 2023 will be 123123. I couldn't wait for December.*

## INFORMATION FROM THE TOWN OF AJAX

All the details (registration links and program descriptions) for upcoming events are available under <http://ajax.ca/55plus> on the internet or contact.

**Moninder Nahar-Arjun,**  
Town of Ajax, at 905-619-2529 ext. 7243.

## AJAX LIBRARY PROGRAMS

### **Project of Heart – Saturday, September 9<sup>th</sup> | 10 AM – 12 PM**

Honour the upcoming National Day for Truth and Reconciliation by learning about the history and legacy of residential schools with guest speaker and survivor Mary Kelly. Participants will create two small art tiles to commemorate the lives of the children and families impacted. Registration Required.

### **Preservation Workshop – Friday, September 15<sup>th</sup> | 1:30 – 2:30 PM**

Bring in a photo or personal record you would like to preserve—the Archives Services Librarian will teach methods on avoiding damages with different household objects. Registration Required.

### **New Bird-Watching Kits Available**

Start birding and learn what wildlife is out there in your backyard, parks, and campgrounds. Each kit contains binoculars, an Ontario bird guidebook, and local trail guide. Kits can be reserved in-person, over the phone, or on our website.

**Catherine Andru,**  
Adult Services Librarian  
E: [catherine.andru@ajaxlibrary.ca](mailto:catherine.andru@ajaxlibrary.ca) P: 905-683-4000 ex: 8809



"It's okay! I found the keys."



"What a coincidence! You forgot my birthday and I forgot how to cook."



"I'll give you something for gas."

*Someone said "30 years ago" and my mind went 'Ah yes, the 1970's but they meant 1993 and now I need to lie down..*

## Birthdays for the Month of September

<u>No.</u>	<u>NAME</u>	<u>HN</u>	<u>BIRTHDAY</u>
512	CHRISTINE ABEL		1-Sep
521	MARION MONIZ		1-Sep
715	RON LAROCK		1-Sep
655	DAISY WILLIAMS		2-Sep
268	DOUGLAS HUMPHRIES		2-Sep
493	SUZANNE WINTER		2-Sep
304	ELIZABETH METCALF		3-Sep
194	MARIE SHAW		3-Sep
518	SUZANNE GEORGE		4-Sep
770	KIRTIDA DAVE		5-Sep
223	LAWRENCE CELESTIN		5-Sep
492	BUD CLARK		6-Sep
263	DONNA LOCKWOOD		6-Sep
381	NANCY STEWART		6-Sep
396	AUDREY LEYBOURNE		7-Sep
362	LIDIA LOMBARDO		7-Sep
475	TREVOR DUNDAS		7-Sep
200	LEO DA SILVA		8-Sep
402	DONNA THOMPSON		9-Sep
498	ALISON MEIKLE		10-Sep
147	MARY ANN HALL		10-Sep
2	CAROLE CARON		12-Sep
27	DOLORES LESLIE	HN	12-Sep
470	JANET ALEXANDER		12-Sep
667	JUDY DARMOS		13-Sep
311	LORRAINE BILLINGS		13-Sep
682	MERRYBETH MORPHET		13-Sep
185	VIKTOR VINCZE	HN	13-Sep
210	JANE KEARY		14-Sep

<u>No.</u>	<u>NAME</u>	<u>HN</u>	<u>BIRTHDAY</u>
659	BEVERLY NORMOYLE		15-Sep
731	DENISE CHOW		16-Sep
438	FRAN CLARKE		18-Sep
10	JOHN EVENDEN		19-Sep
529	MONA RIZZO		19-Sep
688	TIINA HEYDUCK		19-Sep
176	ELAINE DeVOCHT		20-Sep
104	LOUISE KENNEDY		20-Sep
348	YU PING ZHOU		21-Sep
734	KATHY YOUNG		22-Sep
445	RON MITCHELL		22-Sep
742	BETTY METCALF		23-Sep
787	DONNA DUNBAR		23-Sep
507	GERRY DESBOIS		23-Sep
386	KEVIN LAUZON		23-Sep
278	WENDY CHARBONNEAU		23-Sep
464	DAVID RAMSAY		24-Sep
1	FRASER GRANT		24-Sep
191	FRANK TERRANE		25-Sep
28	REGINALD VARUNA		25-Sep
281	ANITA ARORA		26-Sep
117	EDWARD RUSSELL		26-Sep
729	LYNDA SHAPIRO		26-Sep
161	LILLIAN McGRATH	HN	28-Sep
321	BILL CREANY	HN	29-Sep
378	NANCY ADAMS		30-Sep
776	PUSPABEN THAKAR		30-Sep
8	WARREN HUSSEY		30-Sep

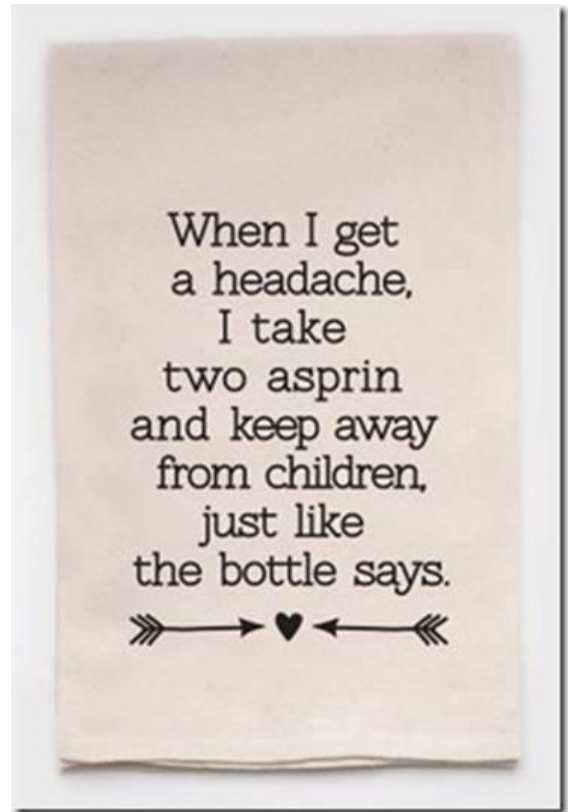
### IN MEMORY

Brenda Crisp  
Bruce Mitchell  
Dave Smith  
Ross Wilson





1. *Accept the fact that some days you're the pigeon, and some days you're the statue!*
2. *Always keep your words soft and sweet, just in case you must eat them.*
3. *Always read stuff that will make you look good if you die in the middle of it.*
4. *Drive carefully... It's not only cars that can be recalled by their Maker.*
5. *If you lend someone \$20 and never see that person again, it was probably worth it.*
6. *Never put both feet in your mouth at the same time, because then you won't have a leg to stand on.*
7. *Since it's the early worm that gets eaten by the bird, sleep late.*
8. *The second mouse gets the cheese.*
9. *When everything's coming your way, you're in the wrong lane.*
10. *Birthdays are good for you. The more you have, the longer you live.*
11. *A truly happy person is one who can enjoy the scenery on a detour.*
12. *Save the earth..... It's the only planet with chocolate!*



*One minute you're young and fun and the next, you're turning down the stereo in your car to see better..*