

# AJAX SENIORS' CLUB

## St. Andrew's Friendship Centre

46 Exeter Rd., Ajax, L1S 2J8 905.686.1573

## Pickering Village Centre

29 Linton Ave, Ajax, L1T 3A7 905.683.8460

Issue 102

Editor Doug Bolduc (905) 419-3783

Newsletter for July August 2023

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- This Newsletter will be for July and August as many activities are closing for the Summer. If you're unsure about your activity, contact the Activity Coordinator.
- Owing to ill health, Chris Bolduc is no longer able to fulfil her duties as Activity Director. However, she will be returning in the near future to play cards and visit the many friends she has made in this wonderful club. If you have any questions about activities or events, please contact Fraser Grant for St. Andrew's Centre items or Jan Herbert for Pickering Village Centre items.
- If you would be interested in taking on the position of Activity Director, please contact Fraser.

## MARK YOUR CALENDAR

- Sat July 1<sup>st</sup> Canada Day
- Tues July 4<sup>th</sup> Independence Day (USA)
- Mon July 10<sup>th</sup> Nunavut Day
- Mon July 10<sup>th</sup> Orangeman's Day
- Mon July 10<sup>th</sup> to the 14<sup>th</sup> St Andrews closed for its annual maintenance.
  - The Village centre will be open each day for the normal activities **They do Not Close**
- Tues July 11<sup>th</sup> Strawberry Tea at The Village 1.00 to 2.30pm cost is \$5.00 Space is limited so sign up is required. Please see Jan Herbert for Tickets

## CLUB INFO

- The Town of Ajax held its annual BBQ at Audley on Tuesday 13th, June starting at 10:45am. Bus service was provided from both clubs. It was a success. There were some concerns as it was postponed from the 8<sup>th</sup> at Rotary Park where it is normally held. Due to the smoke that we were encountering, it was moved to an indoor venue. There was seating outdoors for those who chose to use it. The entertainment was, as always, good and lively. The burgers and hotdogs were tasty.

*If four out of five people SUFFER from diarrhea, does that mean that one out of five enjoys it?*

- **Pickleball Players**

We are using “What’sApp” as a means of communicating when and if the gym is open for Pickleball over the upcoming summer months. As attendance may be sporadic during the nice weather, we do not want players to be disappointed upon arriving to find the gym closed. It is a rather effective means of providing large group communication quickly. If you want to be part of the group, just send your full name and cell number to Maureen Graves at ([moe\\_graves@rogers.com](mailto:moe_graves@rogers.com)). The coordinator for Mon / Wed / Fri play is Chris Brown. The Tues / Thurs coordinator is Marion VanGansewinkel. You will need to download the “WhatsApp” app if you don’t already have it on your phone.

- **To all coordinators:** If you have suspended your activity for the Summer and have not sent the information to Chris Bolduc, please make sure to notify Fraser Grant by either sending an email or calling his number 289.200.4800. Chris Bolduc is unavailable for the next few weeks.

- **The Tuesday Morning Social events are closed for July and August**

There will be a follow up notice to inform everyone of when this event will start up in September and with whom or what is going to be coming.

- **The Honourary Members’ Luncheon** was held on Thursday, June 15<sup>th</sup> at the Ajax Community Centre owing to the uncertainty of the parking lots. There were over 30 Honourary Members there with Guests. The food was provided by The Melting Pot (Sean Taylor) and as always, it was fantastic. There was more than enough to go around and so tasty. His Staff do a super job of serving and plating the food.

We also had entertainment by Jeanette Vandervooren who sang, played guitar and saxophone. The response was she must come back to entertain more as everyone enjoyed her music.

We also had the Ajax council make an appearance. Mayor Shaun Collier, Marilyn Crawford The Regional Councillor ward 1 , Lisa Bower, Nancy Henry, Rob Tyler Moran, and Joanne Dies Regional Councillor.

Our thoughts and prayers go out to Chris Bolduc who initiated and coordinated this event but had to drop out due to illness. Many thanks to Jan Herbert for carrying on with this role. She not only helped organize the day but also worked with all volunteers to help them in their role so that the event did run smoothly.

We had volunteers from the Town as well as our members that worked with Chris on her committee. They set up the room with 14 tables and dressed them. They also helped all the members to their seats and get their pictures taken by Tiffani ( Chris’s Daughter in law) who also set up a great slide show of pictures of our members that ran during the event. Jodi, another daughter in law, worked on the gifts and helped to check all members and their guests in. We also had gifts for all the honorary members as well as draw prizes for everyone.

These events can only be a success if we have the volunteers work together, and this was achieved by the comments from all the attendees.

This event was a long time coming due to COVID and we do need to thank Moninder from the town in helping with the cost which as I am sure everyone knows is well worth it.

Here is a small sample of the photos taken at the luncheon. Our photographer, Tiffani, took almost 1,000 photographs and is still in the process of editing and organizing them. Many members wanted to be able to look at them. They will be made available on a website address shortly and also will be in the Ajax Senior's Club website which will be put online in the near future.



## MESSAGE FROM YOUR PRESIDENTS

- I am so happy that the Honorary luncheon went off as planned, and I should tell you, the ladies spent a great deal of time planning and discussing what would be the best for all parties. The gifts that they came up with were very well received.
- We do plan to host more events in the future as soon as we get the parking lot completed. Running off site to hold events can not only be costly but can be inconvenient to the members.
- We will all miss Chris at the centers and do want her to get back to good health as soon as possible. There are a few activities that will be stopping for a few weeks, but both centers will remain open (other than the one week in July at St Andrews for maintenance) so please come on out and meet friends and have a great summer.

Bye for now.

**FRASER GRANT** (289) 200-4800

- Owing to low attendance, the Village bingo will not happen in July and August. We will return in September.
- I do want to welcome back the Rang Tarang social group who meet at the Pickering Village Centre every Saturday morning. Connecting with friends is so important for our mental health.
- Whether you enjoy darts, cards, pool, exercise, shuffleboard or just sitting to chat, be sure to stay active!
- I want to thank all the volunteers from the town who helped with a successful Honorary Member luncheon. I would especially like to thank the Event committee; AnneMarie, Ann, Trinda and Agnes who did such a fabulous job to organize a special day! A special thanks also to Jodi, Tiffani and Austin for helping with pictures and gifts. We heard a multitude of praises!

*Jan Herbert* (905) 903-3537

## INFORMATION FROM THE TOWN OF AJAX

All the details (registration links and program descriptions) for upcoming events are available under <http://ajax.ca/55plus> on the internet or contact.

**Moninder Nahar-Arjun,**

Town of Ajax, at 905-619-2529 ext. 7243.

*If lawyers are disbarred and clergymen defrocked, then doesn't it follow that,  
 electricians can be delighted, musicians denoted, cowboys deranged,  
 models deposed, tree surgeons debarked, and dry cleaners depressed.*

**AJAX LIBRARY PROGRAMS**

For all the details (registration links and program descriptions) on the June events contact;  
**Adult Summer Reads Book Bingo:** Cards available between **July 4th – August 31st.**

Why should kids have all the fun reading this summer? Pick up or print off a bingo card from any Ajax Library branch, fill the appropriate squares as you read books, complete a line, and enter the draw for a chance to win a prize! Simple and fun!

**Outdoor Bibliotherapy:**

Monday, August 28 | 10:30 AM – 12 PM | Main Branch (Registration Required)

Join us outside for Bibliotherapy this summer! Bibliotherapy combines reading and talking about books and stories to achieve a more positive sense of wellness. A trained facilitator will lead the reading activities and guided group discussion. No preparation required; lawn chair provided.

**Help with your Health: Understanding Food Labels**

Wednesday, August 9 | 2:00 – 3:00 PM | Zoom (Registration Required)

Trying to eat healthier? Join us in this seminar analyzing food buying habits and determining what your best options are. Learn how to read food labels and analyze current market trends in the industry.

**August Catherine Andru ,**  
Adult Services Librarian

E: [catherine.andru@ajaxlibrary.ca](mailto:catherine.andru@ajaxlibrary.ca) P: 905-683-4000 ex: 8809

If I make you breakfast in bed, a simple 'thank you' is all I need.

Not all this 'how did you get in my house?' business.

**SOMETIMES YOU MEET SOMEONE AND YOU KNOW FROM THE FIRST MOMENT THAT YOU WANT TO SPEND YOUR WHOLE LIFE WITHOUT THEM.**

Birthdays for the Months of July and August

No.	NAME	HN	BIRTHDAY	No.	NAME	HN	BIRTHDAY
353	ZHUQIN ZHANG		1-Jul	76	EDITH HEHN-MURRAY	HN	16-Jul
473	BARBARA TALLIS		3-Jul	350	BINGJIAO GUO		18-Jul
116	PATRICIA KIMMERER		3-Jul	51	GAIL NORTH		19-Jul
401	RUTH RANKIN		5-Jul	344	OING YEN YOU		19-Jul
20	PHYLLIS BALSDON		5-Jul	136	JACKIE KHALEK		19-Jul
151	MAUREEN TUTTY		5-Jul	759	DOUGLAS GODWIN		20-Jul
359	DAYING HE		5-Jul	81	LINDA BROWN		20-Jul
334	DAISY McNAMARA		5-Jul	201	COBY CATALI		21-Jul
19	MARY ABERCROMBIE		6-Jul	103	EXY ARNOLD		22-Jul
474	MARGARET HOAEN		6-Jul	188	SHIRLIE MARCELLUS		22-Jul
14	AILEEN McKENZIE		6-Jul	256	VALERIE POWELL		22-Jul
132	DAVE SOLD		8-Jul	419	BRENDA GRIFFITHS		24-Jul
108	JOAN MITCHELL		8-Jul	407	LEO MULLEN		26-Jul
399	ALLEN WEINRIB		8-Jul	224	JANET FLEMING		27-Jul
40	MARIE SIDNEY		9-Jul	26	BARB GRAMS		27-Jul
137	GAIL MASON		11-Jul	163	IAN DALRYMPLE		28-Jul
131	RICHARD GONZALEZ		13-Jul	93	GAIL LEWIS		30-Jul
35	DOROTHY BUCHANAN		14-Jul	392	IRFAN ASHRAF		30-Jul
280	SERAFINA (SARA) DASILVA		15-Jul	46	PATRICIA DELBEL		31-Jul
437	YING WANG		15-Jul				
21	DIANNE HUSSEY	21	1-Aug	443	JOHN CLARK		17-Aug
703	ROSITA THOMPSON		1-Aug	225	KEVIN SUITOR		17-Aug
130	CAROLE CARTER		2-Aug	190	JO SHEHAN		18-Aug
251	VAL JORDAN		2-Aug	89	BILL BROWN	HN	19-Aug
259	PETER KIRWIN		2-Aug	680	CORRIE MEULENSTEEN	HN	19-Aug
184	KEITH BAXTER		04-Aug	149	SUSIE NAVARRO		19-Aug
706	HAZEL JONES		5-Aug	120	MARILYN CRESSWELL		20-Aug
171	DOUG BOLDOC		5-Aug	295	BARB MAHONEY		20-Aug
410	DAVID RIEGERT		5-Aug	79	BONNIE DAVIES		21-Aug
205	C. LEROY BENJAMIN		7-Aug	728	GAIL DOWBER		22-Aug
217	ELIZABETH WATSON		7-Aug	497	PAMELA JOSLIN		22-Aug
408	TERESA MAGILL		8-Aug	490	WENYING WANG		23-Aug
684	HENRY VERTOLLI		8-Aug	110	ELAINE HODGINS		23-Aug
187	MARK ROBBINS		9-Aug	312	DEBBIE HOPKINS		23-Aug
118	MOIRA McKENNA	HN	10-Aug	458	MIKE LEPAGE		25-Aug
299	MARLYN CARR		10-Aug	242	JUDY MATSUGU		26-Aug
351	WANG RU XIE		10-Aug	49	DALE PENROSE		27-Aug
463	RITA McCLEOD		10-Aug	308	MARIE DINELLE		28-Aug
74	BRUCE (MOXY) MARSHALL		10-Aug	342	KE ZHONG DING		28-Aug
54	LEILA WILSON		10-Aug	332	KAREN BEATTY		28-Aug
670	RUTH EHRKE		12-Aug	193	GARY MITCHELL		29-Aug
139	GRACE TANFARA		12-Aug	229	CARMEN REIS		29-Aug
389	THERESA TIERNEY		12-Aug	182	NANCY BAXTER		30-Aug
60	YIU CHEUNG		13-Aug	199	MARTIN AIREY		30-Aug
369	HEATHER BALL		14-Aug	457	ANDREW KAPULAR		30-Aug
652	ED GRAVES		16-Aug				