



## AJAX SENIORS' CLUB

### St. Andrew's Friendship Centre

46 Exeter Rd., Ajax, L1S 2J8 905.686.1573

### Pickering Village Centre

29 Linton Ave, Ajax, L1T 3A7 905.683.8460

Issue 108

Editor Doug Bolduc (905) 419-3783

Newsletter for April 2024

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• My sincere apologies for missing the March Newsletter. The last few weeks have been hectic but there's no real excuse except that I've been having an extended senior's moment. All of the info is in this issue and includes both the March and April Birthday lists.

• It's the end of the winter and the excitement of spring is already starting to sparkle. It seems that Spring will be early this year.

• If you are no longer receiving emails from me, please let me know and I'll put you back on the list.

• FYI, the website address is [ajaxseniorsclub.ca](http://ajaxseniorsclub.ca). Also, our new logo is added to the top of the Newsletter.

*They say 40 is the new 30 and 50 is the new 40. All I know is, the older I get, the more 9 o'clock is the new midnight.*

### MARK YOUR CALENDAR

- March 29<sup>th</sup> Good Friday
- March 31<sup>st</sup> Easter Sunday
- April 1<sup>st</sup> April Fool's Day
- April 16<sup>th</sup> Lunch & Learn – Downsizing. See below for details.
- April 23<sup>rd</sup> Lunch & Learn – Living with Parkinson's. See below for details.

### CLUB INFO

- John Evenden is participating in The Walk for Alzheimer's in late May and is looking for sponsors. Those of you who are interested, please contact John at [jevenden40@gmail.com](mailto:jevenden40@gmail.com).
- The Lunch and Learn is Tuesday, April 16<sup>th</sup> at the Village Centre 11:15-1:15. Topic is DOWNSIZING. Look for the sign-up sheets at both St. Andrew's and Pickering Village.
- Tuesday April 23<sup>rd</sup> 11:00-1:15. LIVING WITH PARKINSON'S at the Village Centre. Neurologist Dr. Kalia is presenting. There is limited space. Sign up sheets at both centres.
- Friday Night Euchre will return in April. First night back will be April 5<sup>th</sup>.

*I said I was good at making decisions. I didn't say that the decisions I made were good.*

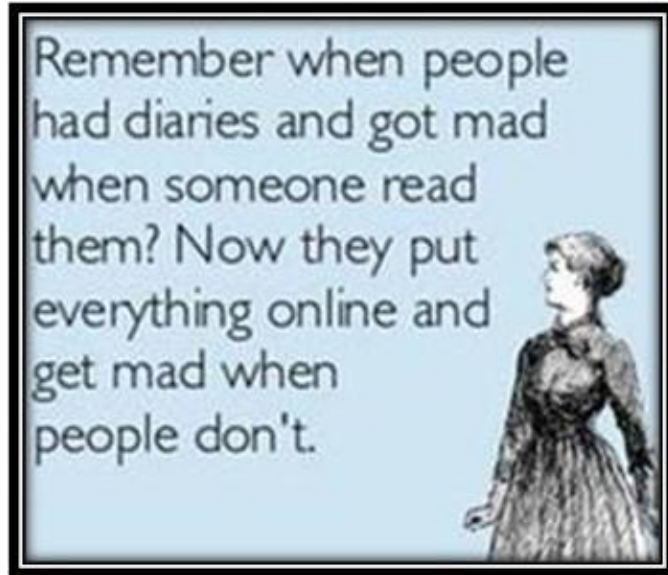
## MESSAGE FROM YOUR PRESIDENT & VICE PRESIDENT

Hello everyone, hopefully the snow is now behind us and it is springtime!!

- Your newly elected Board of Directors are working hard on your behalf to make sure that both facilities are running well. We are answering your questions and comments when they come up either on the web or direct.
- Both Activity Managers are working on the Activity Attendance sheets so that everyone has the correct info re their names and membership numbers. I have also asked them to speak to the Coordinators re the arranging of tables and chairs that are required for their activity. As new people come to the activity, we may need to add tables and rearrange the room. It makes it easier for the custodian if they have the correct information. As I am sure you all understand, taking the tables down every day and then putting them back up can not only be time consuming but if it can be avoided, it would be appreciated.
- Rosita, the Event Director, is collaborating with a committee on arranging events for all to enjoy. The next big event is the B.B.Q. & Horse Racing Day that is planned for July 13<sup>th</sup>.
- Yes, it's been a long time coming, and we are all eager to have a great turn out. There will be more information after the Board meeting this month as the details are still being worked out. I will remind everyone this is for Members only as we can only safely allow so many people in the centre.
- I should mention a few points about the new parking lot. Both the north and south lots have spaces for Handicap parking. I have asked for more to be changed in the north lot but for the time being please display your sticker if using these the spaces.
- I would also like to remind everyone when driving from the north to the south lot, be aware of your speed. People do walk across the parking lot to get into the building.
- The event board that is being used in St Andrews is well signed so please do take the time to read the notices as they are put up on no specific day or time. The same information is also put up at the Village centre for sign up of events. Remember, only sign up once. We need to know how many members are coming if food is required to be purchased.
- Since there was not a March newsletter there are quite a few topics to cover, please remember if you have any questions or comments you should try to speak to the Activity Managers. They are able to pass on any questions to the full board for a quick reply if they can't give you a response.
- We now have logo plaques to be mounted in our main hall at both Ajax senior centres. The Village has theirs on the main hall now. The ones for St Andrews will soon be installed. The logo represents all seniors coming together in friendship and harmony.
- Have you seen our full-page ad in the Money Saver? It looks great! It came to your mailbox in March. Another will be arriving in July and a third in December! Thank you to Director Rocco Rossi for initiating this!
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**FRASER GRANT** (289) 200-4800

*Jan Herbert* (905) 903-3537



### INFORMATION FROM THE TOWN OF AJAX

All the details (registration links and program descriptions) for upcoming events are available under <http://ajax.ca/55plus> on the internet or contact.

**Moninder Nahar-Arjun,**

Town of Ajax, at 905-619-2529 ext. 7243.

#### Murphy's Other Laws

1. Light travels faster than sound. This is why some people appear bright until you hear them speak.
2. A fine is a tax for doing wrong. A tax is a fine for doing well.
3. He who laughs last, thinks slowest.
4. A Day without sunshine is like, well, night.
5. Change is inevitable, except from a vending machine.
6. Those who live by the sword get shot by those who don't.
8. The 50-50-90 rule: Anytime you have a 50-50 chance of getting something right, there's a 90% probability you'll get it wrong.
9. It is said that if you line up all the cars in the world end-to-end, someone from Florida would be stupid enough to try to pass them.
10. If the shoe fits, get another one just like it.
11. The things that come to those who wait, may be the things left by those who got there first.
12. Give a man a fish and he will eat for a day. Teach a man to fish and he will sit in a boat all day drinking beer.
13. Flashlight: A case for holding dead batteries.
14. God gave you toes as a device for finding furniture in the dark.
15. When you go into court, you are putting yourself in the hands of twelve people, who weren't smart enough to get out of jury duty.

## [AJAX LIBRARY PROGRAMS](#)

### **How Ajax Got Started – April 3 | 10:00AM – 11:30AM (Main Branch)**

Celebrate Ontario Archives Awareness Week with the Archives Services Librarian. Discover how the Ajax area went from being farms in Pickering Township to a munitions plant, a university, a displaced persons camp, and finally a town. Light refreshments provided. To register, visit: <https://ajaxlibrary.ca/node/2092>

### **Ontario’s Credits, Benefits, and Supports for Lower Income Seniors – April 9 | 2:00PM – 3:30 PM (Main Branch)**

Many people miss out on valuable credits and benefits because they don’t know about them or are unsure how to apply. A speaker from the Ministry of Finance will help you learn about tax credits, benefits, and other programs available to support lower-income seniors in Ontario. This talk is specifically designed to provide helpful information to lower-income seniors and the caregivers, advocates, and community organizations who support them. To register, visit: <https://ajaxlibrary.ca/node/2075>

### **National Canadian Film Day – April 12 | 1:30PM – 3:30PM (Main Branch) (Drop-In)**

National Canadian Film Day (April 17) is a one-day celebration of Canadian cinema. Join us to view Being Canadian, a humorous documentary featuring interviews with a who's who of famous media-related Canadians.

### **Vertical Vegetables with Ken Brown – April 23 | 1:30PM – 3:00 PM (Audley Branch)**

Master Gardener, Ken Brown, returns for a session on incorporating vertical vegetables into our own growing spaces, no matter how big or small. Discover innovative, yet simple and inexpensive ways to use the vertical space above your garden to multiply the quantity and range of food you can grow, as well as boosting your garden’s aesthetic appeal. To register, visit: <https://ajaxlibrary.ca/node/2069>

For a full list of Library Programs, please visit: <https://ajaxlibrary.ca/whatson>.

**Julia Campbell** (she/her) Adult Services Librarian

**E:** [julia.campbell@ajaxlibrary.ca](mailto:julia.campbell@ajaxlibrary.ca) | **P:** 905-683-4000 ext. 8809

**We all know  
mirrors don't lie...**

**I'm just grateful  
that they don't  
laugh.**



**This is why I have  
trust issues**

Pre internet chat room using  
An old version of windows...





## Birthdays for the Month of March

<u>No.</u>	<u>NAME</u>	<u>HN</u>	<u>BIRTHDAY</u>
341	FLO VANDERBURG	HN	1-Mar
14	GERMAINE GUPPY		1-Mar
555	GUAMBING SHI		4-Mar
39	KATHY BURGESS		4-Mar
500	HELEN KOCOJ		5-Mar
82	LINDA KENNEDY		5-Mar
5	SUZANNE DESROSIERS		6-Mar
443	CATHY MULLEN		6-Mar
193	CINDY BLONDIN		7-Mar
481	GLORIA ROBERTSON		8-Mar
132	GARY CREASE		8-Mar
203	ANNE-MARIE DENNIS		9-Mar
556	YI TANG		9-Mar
214	MAURICE LEWIS		10-Mar
565	JIAN SHENG ZHANG		10-Mar
603	LINDA CONNOR		11-Mar
390	MARIE MILLER		11-Mar
408	TOM COLLIER		12-Mar
502	CORA MANUEL		12-Mar
86	JULIE MATHEWSON		12-Mar
291	STEVE STUART		14-Mar
170	FRED ARNOLD		16-Mar
75	EVA DONNELLY		16-Mar
566	LIPING WANG		16-Mar
404	LLOYD CRESSWELL		17-Mar
540	FRANK GRETO		17-Mar
117	DEBBIE CASQUENETTE		17-Mar
471	STAFFORD D'SOUZA		17-Mar

<u>No.</u>	<u>NAME</u>	<u>HN</u>	<u>BIRTHDAY</u>
136	MARLENE RAE		18-Mar
557	PEI PEI TENG		18-Mar
257	MARLIEN MARTIN		19-Mar
231	TAD STAWSKI		20-Mar
49	REGINA CHARD		20-Mar
507	GLORIA SHARPLES		20-Mar
468	JODI LA FLEUR		20-Mar
264	GABRIELLE CAMPBELL		20-Mar
106	JACQUELINE MOLLARET		21-Mar
282	GAIL MOFFATT		21-Mar
127	SHARON GALNA		21-Mar
256	ROLAND MARTIN		22-Mar
176	ANN VANDENBOS	HN	23-Mar
88	NANCY HOBART		23-Mar
13	TOM McARDLE		24-Mar
448	ANGELINE LAVIGNE		24-Mar
166	LYNDA BRISBANE		24-Mar
442	TERESA CUKE		24-Mar
289	VIOLET AZAVEDO		25-Mar
522	INGE RUST		26-Mar
321	FRANCIS KWAN		26-Mar
331	SUZANNE RINTAMAKI		27-Mar
360	YVONNE DE ZILWA		28-Mar
229	PETER WOUK		29-Mar
261	IRIS GILES		30-Mar
209	PETER SCHEFFEL		30-Mar
359	RITA ROBERTS		31-Mar
230	ANNA DOSSEVA		31-Mar



## Birthdays for the Month of April

<u>No.</u>	<u>NAME</u>	<u>HN</u>	<u>BIRTHDAY</u>
342	JACKIE BUTLER		1-Apr
374	KARL PLOOARD		3-Apr
110	SYBIL TICHANOV'S	HN	4-Apr
197	MARLENE BROWN		4-Apr
465	RET HARRISON		4-Apr
414	ANNE HOOPER		5-Apr
428	GEORGETTE KFOURY		7-Apr
531	CLAUDINE PADMORE		10-Apr
626	LOLA McDEVITT		10-Apr
30	BRIGITTE ZINDEL		11-Apr
98	PAUL ALLEN		11-Apr
493	ADELE CARR		12-Apr
491	NORA STEPHENS		13-Apr
152	PEGGY VOKINS		13-Apr
184	YI JI ZHOU		13-Apr
138	KEVIN PORTENER		13-Apr
490	LYNETTE DRAGA		15-Apr
411	VALARE BROMLEY		16-Apr
131	JANET IRWIN	HN	17-Apr
550	GUAN JUN LIU		18-Apr
239	DONNA DIZIG		18-Apr
461	WALTER LOW		19-Apr

<u>No.</u>	<u>NAME</u>	<u>HN</u>	<u>BIRTHDAY</u>
262	ROBERTA MIRON		20-Apr
242	MERRYL CHIN		20-Apr
601	GEORGE ABBOUD		21-Apr
254	SANDRA DALRYMPLE		21-Apr
63	ALAN DRYDEN		21-Apr
33	MAUREEN GRAVES		21-Apr
337	PAUL TSCHUMI		22-Apr
90	BRIDGET PORTER	HN	23-Apr
153	LINDA HEARNS		23-Apr
44	ANDREA SPARKS		23-Apr
67	BERNIE CONDON	HN	24-Apr
485	ESTHER BODROGI		25-Apr
570	YIN LI WANG		26-Apr
168	EILEEN HANNA		27-Apr
526	MARIE HARDING		28-Apr
269	SHARON GONSALVEZ		28-Apr
538	EVELYN McNABNEY		28-Apr
217	ELAINE CLARK		28-Apr
511	RITA VAZ		29-Apr
312	GEORGE NEARING		30-Apr
139	DONNA PORTENER		30-Apr

### **OLD FART PRIDE**

- *I'm passing this on as I did not want to be the only old fart receiving it. Actually, it's not a bad thing to be called, as you will see.*
- *Old Farts are easy to spot at sporting events; during the playing of the National Anthem, Old Farts remove their caps, stand at attention, and sing without embarrassment. They know the words and believe in them.*
- *Old Farts hold the door for the next person and always, when walking, make certain the lady is on the inside for protection.*
- *Old Farts get embarrassed if someone curses in front of women and children and they don't like any filth or dirty language on TV or in movies.*
- *Old Farts have moral courage and personal integrity. They seldom brag unless it's about their children or grandchildren.*
- *It's the Old Farts who know our great country is protected, not by politicians, but by the young men and women in the military serving their country.*
- *We need them now more than ever. Thank God for Old Farts!*